

Food Pantry Requests

Fruit & Vegetables	Grains	Protein	Dairy	Miscellaneous (we would prefer not receiving these but will gladly accept contributions)
Canned Fruit with no added sugar	Cereal	Canned Meats (tuna, chicken, salmon)	Shelf Stable Milk (Ultra High-Temperature "UHT" Pasteurization)	Condensed Soup
Canned Vegetables	Rice	Dried Beans	Canned Milk	Ramen
Mashed Potato Flakes	Pasta	Canned Beans	Dry Milk Powder	Baking Products
Raisins & Dried Fruit	Crackers	Stews & Soups with 7 grams of protein or greater per serving		Spices
	Mac & Cheese	Peanut Butter		Chips & Snack Food
	Taco Shells	Nuts		Can Openers, Individually Wrapped Plastic-wear